



VH DANCE CENTER

School of the Chicago Festival Ballet



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Autumn 2022/Winter 2022 classes run August 15 – December 22	Winter 2023/Spring 2023 classes run January 9 - May 27
Closings: Labor Day: September 5 Thanksgiving Break: November 22-25 Winter Break: December 23 - January 7	Closings: Spring Breaks: March 27 to April 1 April 6-8 Memorial Day: May 29

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Studio I		Studio I		Studio I		Studio I		Studio I		Studio I	
Level D/E technique	4:30-6:00pm			Level D technique	4:30-5:30	Level D Pointe/Prepointe	6:00-6:30	Level D technique	4:30-5:30p	Contemporary	9:00 -10:30am
Level E Pointe	6:00-6:30pm			D/E Stretch	5:30-6:00	Ballet for Skaters	6:30-7:30	D/E Stretch	5:30-6:00p	Jazz	10:30-11:30am
Competition rehearsal	6:30-7:30pm			Level E Technique	6:00-7:00			Level E technique	6:00-7:00p	Level D/E technique	11:30-1:00pm
D/E Performance rehearsal	7:30-9:00pm			Level E Pointe	7:00-7:30			Level E pointe	7:00-7:30p	Pointe/Prepointe	1:00-2:00pm
				D/E Performance Rehearsal	7:30-9:00pm					D/E Performance Rehearsal	2:15-4:15pm
Studio II		Studio II		Studio II		Studio II		Studio II		Studio II	
Level C technique	4:30-6:00pm	Level A/B	4:30-6:00pm	Level C technique	4:30-6:00pm	Level D Technique	4:30-5:30	Level D Pointe/prepointe	6:00-6:30	Preballet	9:30-10:15am
C/D Pre-Pointe/Pointe	6:00-6:30pm	Adult Int Ballet	6:00-7:00	C/D Pre-Pointe/Pointe	6:00-6:30pm	D/E Stretch	5:30-6:00	Preteen Beginning Ballet	6:30-7:30	Level A	10:15am-11:45am
		Adult Beg Ballet	7:00-8:00	Strength & Conditioning	6:30-7:15	Level E Technique	6:00-7:00			Level B	11:15am-12:45pm
				Zumba	7:30 – 8:30	Level E Pointe	7:00-7:30			Competition team Mini	12:45-1:15pm
				Homeschool Beg Ballet I	2:00-3:00pm					Level C/Prepointe	1:15 – 3:15pm
				Homeschool Beg Ballet II	3:00-4:30pm					Level C rehearsal or Variations	3:15-4:15pm