

VH DANCE CENTER

School of the Chicago Festival Ballet

4222 Meridian Parkway, Suite 100, Aurora, IL 60505
(630)-527-1052 vhcfb1@gmail.com

Summer Intensive: June 8 – August 8
4th of July Break: June 29 – July 4

Dress Rehearsal: Tentative Saturday, August 8
Summer Workshop Performance: Tentative date Sunday, August

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Studio I		Studio I		Studio I		Studio I		Studio I		Studio I	
D & E Ballet	10:00-11:30	Preballet	9:30-10:15	D/E Ballet	4:30-6:00			D & E Ballet	10:00-11:30	Adult intermediate Ballet	8:30-9:30
		D & E Ballet	10:15-11:45					Pointe	11:30-12:30	Prepointe/pointe	9:30-10:00
Pointe	11:30-12:30	Pointe	11:45-12:45	Pointe	6:00-7:00			Lunch	12:30-1:00	Adult Contemporary	10:00-11:00
Lunch	12:30-1:00	Lunch	12:45 -1:15	Repertoire	7:00-8:00			Repertoire II	1:00-2:00	Contemporary/Lyrical (10 & up)	11:00-12:00
Repertoire II	1:00-2:00	Stretch & Strengthening Repertoire II	1:15- 1:45 1:45-2:45					Studio Company Masterclass	2:30-4:00	Level C Ballet	12:15-1:45
Classical Variations C, D & E	2:00-3:00	Character	2:45-3:30			Performance Rehearsal	4:30-6:00	Performance Rehearsal	4:30-6:00	Repertoire I	2:15-2:45
Competition Team Rehearsal	3:00-4:00	Contemporary/Jazz II (C, D & E)	3:30-5:00			Adult/Level D/E intensive	6:00-8:30	The Mix	8:00-9:00		
Studio II		Studio II		Studio II		Studio II		Studio II		Studio II	
C Ballet	4:45-6:15	Adult Stretch & Strengthening	5:30-6:00	Plyometric Conditioning	4:30-5:00	Level A/B Ballet	5:00-6:30	Preteen Beginning Ballet	6:00-7:00	Preballet	9:30-10:15
				Level C Ballet w/prepointe	5:00-6:30			Repertoire	7:00-7:30		
C Prepointe	6:15-6:45	Adult Beg/Intermed Ballet *Prepointe	6:00-7:00 7:00-7:30	Repertoire I	6:30-7:00					Level A/B Ballet	10:15-11:45
Repertoire I	6:30-7:15	Adult Contemporary /Hip Hop	7:30-8:30	Adult Beginning Ballet	7:00-8:00					Mini-Competition Rehearsal	11:45-12:15
Acro I (studio 1)	6:45-7:45			Adult Ballet Repertoire	8:00-9:00						