

Sample Schedule
Adult Ensemble Studio Company

Monday

Tuesday

Adult Intermediate Ballet

With prepointe: 6-7:30pm

Contemporary/Hip Hop: 7:30 – 8:30pm

Wednesday

Thursday

Performance Rehearsal: 4:30-6pm

Technique 6:00- 8:00pm

Pointe/prepointe 8:00-8:30pm

Friday

Performance rehearsal 4:30-6pm (summer)

Saturday

Options:

Adult intermediate ballet with Prepointe: 8:30-
10am

Contemporary: 10-11am

Performance Rehearsal 2:30 – 4:30 (fall)